



# The Real Presence

Taga-Sambang Gabi ng Eukaristiya  
(Nocte Adoratricum Eucharistia)

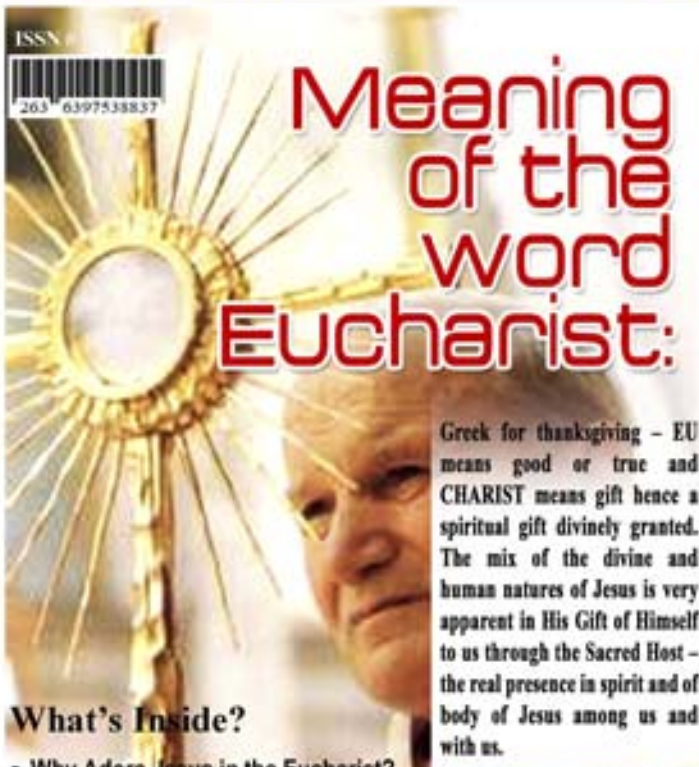


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## What's Inside?

- Why Adore Jesus in the Eucharist?
- What Do People Say About Eucharistic Adoration?
- Some Tips for Missionary Life Centered on the Eucharist
- Eucharistic Miracle
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## What Do People Say About Eucharistic Adoration?

**St. Mother Teresa:** Ask your Parish Priest to have Perpetual Eucharistic Adoration in your Parish ... I beg the Blessed Mother to touch the hearts of all Parish Priests that they may have Perpetual Eucharistic Adoration in their Parishes.

**St. Aphonius Liguori:** Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the sacraments, the one dearest to God and the one most helpful to us.

**Blessed Pope John Paul II:** Adoration of the Eucharist is of inestimable value for the life of the Church .... Our witnessing ... our evangelization ... would be hopelessly inadequate if we ourselves had not FIRST contemplated His face in the Eucharist.

**Pope Benedict XVI:** Indeed, only in adoration of the Eucharist outside Mass can its



See p2, col.1

**February 11** – Feast day of Our Lady of Lourdes who appeared to Bernadette Soubirous and told her: *I am the Immaculate Conception!* Bernadette was canonized on 8 December 1933.

**February 22** – Ash Wednesday. Ushers in the Season of Lent. God lent us our earth-time hence generously share our time for others; for, in God's time, *dust we are and to dust we shall return.*

## Why Adore Jesus in the Eucharist?

Bishop Dominique Marie Jean Rey of France: The Holy Eucharist is the Church's first missionary act to a world in desperate need of saints. Hence, be men, women and youth of Eucharistic Adoration.

Cardinal Malcolm Ranjith of Colombo, Sri Lanka: We contribute to the renewal of the Church in its mission when we are at its center and its source – Jesus' Real Presence in the Eucharist.



We express our love of God when we adore Jesus in the Sacred Host which transforms our belief in Jesus' Real Presence into works ... acts of kindness and mercy because (1) *Faith without works is dead* (James 2:26) and (2) *What did you do to the least of My brethren?* (Matt 25:40).

These acts, according to Pope Benedict XVI, may be in the form of evangelization – catechism for those who await their very first encounter with the Word of God or a re-visitation of those who need deepening of the meaning of, and belonging to, Jesus the living God – through us.

Bishop Pablo Virgilio S. David, Chairman-CBCP-ECBiblical Apostolate: *Our mandate is to let*

*God's Word ring out as Good News and bring about social change in our country.*

James 1:19-27 encourages us: Be doers of the Word of God and not hearers only ... avoid words that reflect poorly on us, as God's children. Use kind words pleasing to God: *If a religious person does not restrain his tongue, he deceives himself and his religion is in vain.*

Rev. Fr. Jose Ramon T. Villarin, SJ: Beyond our transgression, ultimately, it is our seeking and seeing and serving that matter – *Whatever you did for the least of My brethren, you did for Me ....* such is the genius and grace of the Kingship of Christ.

## HAPPY BIRTHDAY !

Archbishop Paciano B. Aniceto, DD of San Fernando, Pampanga on March 9, 2012

Archbishop Jose S. Palma, DD of CEBU on March 19, 2012



**What do people.....** *From p1*  
profound and genuine reception mature. From Eucharistic adoration, compassion is born for all men, and from compassion, the thirst is born to evangelize.

**Rev. Fr. John A. Hardon, SJ:** Man's proper response to God's holiness: adoration ... creation's highest act of worship. It is the supreme form of reverence, glory and honor.

**Paul Zalonski of Boston, Massachusetts, USA:** 15 August 2009 is officially the day when Eucharistic adoration at the Archdiocese of Boston was re-enchanted with the Sacrifice of the Mass which was celebrated by Cardinal Sean O'Malley, OFM Cap.



**Eucharistic Miracle:**  
In our March issue, Rev. Fr. John A. Hardon, SJ explains what a miracle is. This issue's miracle comes from the Archdiocese of New Orleans, Louisiana 70118 USA, from Rev. Fr. Jeffrey A. Montz.

**1996 Buenos Aires, Argentina.** The Sacred Host is accidentally dropped while communicating it. In reverence, the Sacred Host is placed in a receptacle of water in the Tabernacle. It does not dissolve; instead, grows in size covered with red splotches, appearing as coagulated blood; and, looking like a piece of flesh.

**2004 New York, USA.** Dr. Frederick T. Zugibe, Chief Medical Examiner, examined said piece of flesh and found the flesh belonged to a person who had been severely tortured, and also that the *dead man's* cells on the flesh he had examined were moving and beating.

**8<sup>th</sup> century Lanciano, Italy.** A priest doubted Jesus' real presence in the Eucharist. Raising the Sacred Host during Mass, it transforms into a piece of flesh in his hands. In the 1970s, this piece of flesh – uncorrupted and available for adoration – was tested by a leading Italian doctor. He found the flesh to be a muscle of a **living** human heart.

No doubt the piece of flesh at Lanciano and at Buenos Aires come from the same heart – the Sacred Heart of Jesus – alive after all these years, throbbing with some hidden life force.

## Some Tips for Missionary-Life Centered on the Eucharist

**Pray:** Then plan, do and act. Prayer precedes, not replaces, plans and actions. Prayer is the key to usefulness, greatness and success. We do more after we have prayed. Prayer is our declaration of dependence on God. Only he who is helpless prays.

**Follow and Do His Instructions:** Jesus' words effect changes. But, some people love to see marvels than be involved with proclaiming Jesus' instructions hence Jesus reserves Himself for those who seek ... the TRUTH. Rev. Fr. Agrico M. Orbos, SVD writes: Many mistakes have been committed by well-meaning, good-intentioned persons and eager beavers ... who have lost the instructions given to them.

**Leading Others Back to God:** Mission-

ary-Adorers vow to lead to God ONE aspirant Adorer every year. Ecclesiastes 5:3-4, *When you make a vow to God, waste no time in fulfilling it, for He takes no pleasure in fools. Do what you vowed.*

**Hospitality:** We are encouraged to be hospitable to one another without grumbling (1 Peter 4:9), an honored characteristic of Church leaders (1 Timothy 3:2-5) and commanded of every follower of Jesus (Romans 12:3-13) – reaching out to those estranged from their friends, family and God.

**Discipleship.** Jesus took His first disciples under His immediate supervision. Their first task was to learn His words, interpret Scriptures and watch His behavior. The second task was to proclaim the Word – preaching: Saying what He said, doing what He did and very dependent on Jesus.

## President's Corner

by Bro. Manuel L.  
Granados

*The Lord Be Adored-Forever!* The First Trainor's Training Seminar is set on June 29, 30 & July 1, 2012 (Friday 3pm – Sunday 12 noon). Venue: St. Scholastica House of



Prayer, Tagaytay City. Registration fee: P2,000.00 covers board and lodging. The Seminar is for dedicated and capable Adorer-Leaders from the Archdiocesan Councils of Lipa and Manila, and the Diocesan Councils of Antipolo, Boac, Cubao, Gumaca, Imus, Kalookan, Lucena, Malolos, Novaliches, Paranaque and Pasig. Please register and submit to the National Office your chosen participants at the earliest date. *Mabuhay si Jesus!*

**Meditation:** God says this to the wicked: What right have you to mouth My laws or to talk about My covenant? You do not follow My instructions and cast My words behind you .... You have a mouth of evil and a deceitful tongue .... Give this a thought, you who forget God, lest I tear you to pieces and there be no one to help you (Psalm 50).

### Joke Only!

The wife broadly hinted to her husband what she wanted for their wedding anniversary: "Something shiny that could go from zero to 150 in three seconds flat." So, the husband bought her a bathroom scale. And ... that's when the fight started.

**"Itsismis natin si Maria at  
Hesu-Kristo. Huwag ang ating  
Kapwa tao"**

**Challenge:** As a missionary-Adorer of Eucharistic Jesus, do you – by your plans and programs, words and actions, what you do and do not do – depend always on Jesus, following and doing His instructions, leading others back to God and exercising hospitality? Or, do you give more prominence to your ego and pride, follow your own will and strive to be independent of Jesus?

## CLASSIFIED ADS

Wedding Coverage, look for Rodrigo Fernin, mobile # 09212818036

Planning a new business? For feasibility studies contact Adolfo Lomuntad, mobile # 09208366041  
email: aglomuntad@yahoo.com

Planning to write a book? For lay-out and cover design, look for Edmundo Monroy, mobile # 09491232320  
Email: emfartra@yahoo.com





# Spiritual Direction

by Rev. Fr. Manuel M. Flores, S.J.

## A GRATEFUL HEART: Finding the Diamonds in You

God has blessed us so much. Yet, why are we so ungrateful? Case in point: A South African farmer in the 1800's grew tired of farming land full of rocks and stones, sold the land cheap and bought better farm land. One day, the new owner of the farmer's land noted his children playing with little stones found on the land. He had one particular stone examined by an assayer – it was a diamond! Thus began the world's most prolific diamond mine – the famous De Beers.

We are like that farmer – blind to God's generosity and abundant blessings to us, and ungrateful at that. Honestly, this was my own experience when I was young – blind to my giftedness, leading to low self-esteem, envy, selfishness, fear, doubt, pride, unforgiveness, and robbing me of much life and joy.

Today I find myself in such a situation. Ingratitude is among the deep laments of Jesus when He appeared to St. Margaret Mary Alacoque. He disclosed His Divine Heart and said – *"Behold this Heart, which has loved men so much ... unsparing of everything that, in order to declare Its Love, It has exhausted and consumed itself; yet the majority of men repay Me with ingratitude by their disgraceful conduct, their sac-*

*rileges, their indifference and their contempt, which they show Me in the Blessed Sacrament; and what causes Me the greatest suffering is that I am thus treated also by hearts consecrated to Me."*

Few people see how blessed they are; fewer are grateful to God for blessings received. As Eucharistic Adorers, a grateful heart is precisely one of the virtues we strive to cultivate through our devotion to the Eucharist, Greek for thanksgiving – the experience and dominant spirit of the early Christian which moved them to thus name their central gathering and celebration. Gratefulness is also the experience we deepen in developing our relationship with Jesus; at our prayers and vigils and Masses, He becomes more real in our lives. Jesus opens our eyes for us to see how God has blessed us; and, consequently, our hearts overflow with deep gratitude for these blessings. In turn, our gratitude leads Jesus to bless us even more.

St. Ignatius of Loyola's 10-minute Daily Examen also helps us develop a spirit of gratitude and is best done at night before sleeping. The essential parts of Daily Examen are as follows:

**Thanksgiving** – Look back through the day, from the most recent to the start of the day, and be thankful for people, events, works, joys and sufferings where you experienced God;

**Repentance** – Asking pardon

for the times when you did not respond to people and situations in a way pleasing to God and resolve to respond with greater love next time. You get better every day!

**Petition** – Ask God for the grace to serve Him well tomorrow: In family, work, relationships and recreation and sleep with renewed strength having surrendered yourself and tomorrow to God.

Many have found the Examen a very simple but extremely effective spiritual method for life-long growth. When done regularly, daily, you grow in gratitude, confidence, trust, self-control and JOY! Like what happened on that South African farmland, by your daily prayers, masses and vigils, by our friendships in ANF, may you joyfully discover THE DIAMONDS IN YOU!

### FOR PRAYER AND REFLECTION:

Go back to your past experience in the world to the people, events, opportunities and circumstances God has lovingly used to make you the unique person that you are.

With courage, thank God for each person, event and circumstance in your life ... even the apparent misfortune and pain inflicted on you ... knowing that His love powerfully transforms everything to become gift.

### TO FOSTER AND DEEPEN A GRATEFUL HEART, PRAY THESE SCRIPTURE PASSAGES:

**Psalms 139** – the reality of God who knows us perfectly, is present at every moment in our lives; embraces us, knows our ways and always waits for us.

**Psalms 23** – *The Lord is my shepherd, I shall not want. Even though I walk in the valley of the shadow of*

*death, I shall fear no evil*

**Isaiah 41: 8-16** – God gradually reveals the links between himself and Israel. *He is the Lord; Israel is My servant, My chosen, My friend. He says: I am with you, be not afraid; I am your help. Israel is ourselves, called to be children of God equally chosen and loved.*

**Isaiah 43: 1-7** – The protection of God over Israel: *Be not afraid, I have redeemed you .... I have called you by name, you are mine ... I will be with you ... You are beloved in my eyes, very valuable; I love you.*

**Hosea 11:1, 3-4, 8-9** – *When Israel was a child, I loved him; out of Egypt I called my son.*

**Isaiah 49:14-15** – *Can a woman forget her nursing child, or show no compassion for the child of her womb?*

## Tarcisians The Next Generation

by Rev. Fr. Soc C. Montealto, SSP

The Lord Be Adored – Forever! We recently completed our Tarcisian Leadership & Planning Seminar held at the Marian Orchard in Balete, Batangas on February 10-12, 2012. Congratulations to us! Thank you for all your efforts to come up with the plan of activities for the National Tarcisian Council for current year 2012. I exhort you to be true young leaders for the Lord Jesus and bring more Tarcisian Adorers to the Blessed Sacrament.

We thank all our National Tarcisian Council Officers for their great efforts and generously sharing their time, talent and treasures to train more Tarcisian Leaders from our Tarcisian Turnos.





**Tarcisians....** From p4

As we are now in the Lenten Season, our Tarcisian Lenten Annual Recollection is on March 17, 2012 at the Diocesan

Shrine of Our Lady of Aranzazu, San Mateo, Rizal. Bring Tarcisians to Jesus at our Annual Recollection. Let us pray and be holy.

The Lord be adored! Forever! From your servant-leader.

**ANNIVERSARIES****Episcopal Ordination for March:**

**Bishop Leopoldo S. Tumalak** of the Military Ordinariates; **Archbishop Sergio L. Utleg** of Tuguegarao; **Bishop Jose F. Oliveros** of Malolos; **Bishop Joel Z. Baylon** of Legazpi; and **Bishop Jesse E. Mercado** of Paranaque.

**Council/Section/Turno  
Anniversary**

19 February (29 years) National Tarcisian Advisory Board; and 06 March (22 years) Diocesan Council of Malolos.

**75<sup>th</sup> Anniversary:** Section 3 Tabaco, Albay & Section 4 North Cebu:

Turno 100 Balayan, Batangas; Turno 101 Hagonoy, Bulacan:

Turno 102 San Pablo, Laguna:

Turno 103 Bocaue, Bulacan:

Turno 104 Taal, Batangas:

Turno 105 Plaridel, Bulacan: and Turno 106 El Pardo, Cebu:

**50<sup>th</sup> Anniversary:** Turno 802 Mercedes, Camarines Norte; Turno 811 Cabugao, Ilocos Sur:

Turno 828 Guindulman, Bohol (3<sup>rd</sup> Turno):

**25<sup>th</sup> Anniversary:** Tarcisian Turno 181 Mulanay, Quezon:

Turno 1369 Amadeo, Cavite:

Turno 1371 Caramoran, Catanduanes:

**IMPOSITION OF NEW  
ADORERS IN THE  
ARCHDIOCESE OF  
SAN FERNANDO,  
PAMPANGA**  
29 January 2012

As witnessed by the following  
National Council Officers:

**Bro. Adolfo G. Lomuntad,**  
NC Secretary

**Bro. Jose D. Vega Jr.,**  
NC Asst. Promoter

**Bro. Agripino L. Lanuza Jr.**  
NC Tarcisian Promoter

**Bro. Edmundo P. Monroy,**  
NC Asst. Secretary

**PROLOGUE:** This Report covers the imposition of aspirant-adorers from three parishes under the Archdiocese of San Fernando, Pampanga which imposition was held at the Metropolitan Cathedral on 29 January 2012.

Brief greetings were exchanged with officers and members of Section 18 San Fernando, the Archdiocesan Council of San Fernando and the Regional Council of Central Luzon.

Above-listed National Council officers arrived at the Cathedral at 1:15p.m. The celebration of the Holy Sacrifice of the Mass started at 1:20 p.m. Present at the Mass for their imposition were (37) thirty-seven aspirant-adorers

started.

Previously, tasks were assigned to the National Council officers in attendance: namely, Bro. NC Secretary will participate in the imposition rites of aspirant-adorers; Bro. NC Tarcisian Promoter took the list and attendance of the celebration; Bro. NC Asst. Promoter chronicled the events; Bro. NC Asst. Secretary took pictures of the proceedings. (*Imposition Pictures Attached and made public to Facebook*) We distributed the first edition of the Newsletter (His Real Presence) and made sure that everyone had a copy.

**HOLY MASS:** The Holy Mass started at exactly 1.20 p.m. and was presided by Rev. Fr. Francis Michael S. Mallari, Director of Section 18 San Fernando and Parish Priest of the Metropolitan Cathedral who will be celebrating his 2<sup>nd</sup> sacerdotal anniversary on March 13, 2012.

**IMPOSITION:** There were thirty seven (*men and women*) adorers from three parishes that were imposed after the Holy Mass. With the usual procedures of impositions each one of them as their names were called proceeded to the altar and was given their badges and lighted candles as Rev. Fr. Francis Michael Mallari pronounce the imposition rites. The imposition went well and good

with the common traditions of the adorers as they withdraw one by one after another kissed the ANF Banner which symbolizes the respect for the King of Kings.

**RECEPTION:** After the imposition of the new adorers, Rev. Fr. Francis Michael S. Mallari invited us (*ANF National Council Officers*) to a snack at the refectory of the convent for a fellowship. It was then the good Rev. Fr. Mallari thanks that said he appreciated the personal manifestation of the National Council officers who supported the imposition of the new adorers.

**DEPARTURE:** We (*ANF NC Officers*) thanked Rev. Fr. Francis Michael Mallari and the Section officers and members and congratulated the new adorers. We were so grateful that we had represented the ANF NC Office.

**CONCLUSION:** *As we partake and witnessed the said event we prayed that the newly imposed adorers be made more devoted to Jesus Christ in the form of bread in the Blessed Sacrament of the Altar. It is also our prayer that as we had attended the said celebration that we had had represented the whole of the ANF National Council in good faith in service to God and may it add more Glory and Honor to His Name.*

— O —

**Eucharistic Journey**

*Installation of Southern  
Tagalog Regional Council  
Officers*

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*Note: We are inviting everyone  
to send your article through  
email and be part of TRP.*

