



# The Real Presence

## Taga-Sambang Gabi ng Eukaristiya

(Nocte Adoratricum Eucharistia)



ANF National Council Office 3rd floor, Pius XII Catholic Center, UN Avenue, Manila. Tel. No. 353-99-77

Volume I Number 7

Wednesday, 25 July 2012

Meaning of *Eucharist*? **John 6:1-71.** From the mouth of God comes ... the Word of God Who is with us, among us, the bread that gives life ... eternal life. By His act of giving bread ... to nourish our body and mind, soul and spirit ... Jesus demonstrates that His words are God's words.

Jesus is the bread needed by humanity. God has set on this earth all that humanity needs for food and development, but if we do not know how to listen to the Word of God ... Jesus ... then we will not know how to solve the world's most urgent problem – the just distribution of the riches of the earth.

The *bread that comes down from Heaven* is not something ... like the *manna* in the desert ... but someone – Jesus Christ. He is our life when we *eat His body* in the Sacrament of the Eucharist ... our food for bodily sustenance ... but, more than anything else, we share in ... and enter into communion with ... the life of the risen Christ, transformed by the Holy Spirit.

Some lose faith and do not persevere despite their reception and partaking of ... and communicating ... the Eucharist. But, the Holy Spirit is at work within life's gigantic disturbances which continually agitate and shake humanity.

It is a test of our faith to believe that God continually works among us in our world – in spite of unresponsive and cold-hearted people. In spite of the unworthiness of the Church, God channels the fulfillment of His plan through the Church. And, in spite of the destructiveness of man, God prepares us for the fullness of His Kingdom.

Today, learn to discern ... to separate ... the false prophets from God's messengers ... who point out the mission of the Church in the modern world. >>>



Painting of Christ among His Apostles. Catacomb of Domitilla. Early 4<sup>th</sup> century.

The exact moment when we partake of the Holy Eucharist we enter into the highest form of communion, of physical intimacy, with God. Then, our soul emerges from its own cocoon to experience eternal life itself in a God who becomes bread.

The more we appreciate Jesus in, and as, the Eucharist, the more we become the very sanctuary, home, city, and the very tabernacle of God — and the Holy Spirit enters into us. With the Holy Spirit in us, God comes to dwell within us, enabling us to perfectly follow Jesus in all that He taught.

The Eucharist, who is Jesus our Peace, should make us men and women of peace in our dealings with one another. It should make us not to keep scores or keep accounts of other people, except our own unsettled accounts.

We, as human persons in the Eucharist, should not allow the poison of resentment, acrimony, or ill-feelings to fester and spread within us and among ourselves, but that the peace of Jesus now enables us to get things over and done with, for a new start.

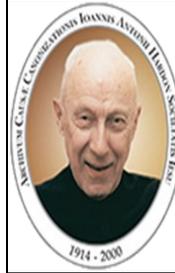
Indeed, as St. Paul writes: “Christ is our peace” (Ephesians 2:14), a peace transcending boundaries and in which everyone is at home, because God in Jesus by His Spirit *is* ... Peace.

### What Is A Miracle? – Continuation

by Rev. Fr. John Anthony Hardon, S.J., S.T.D.

Let us now discuss the last of these three levels of miraculous phenomena – intellectual miracles through the Holy Eucharist.

It may seem odd to identify the highest form of miraculous phenomena as enlightenment of the human mind. But, St. Paul writes: *Faith is the substance of things hoped for, the evidence of things not seen. For by faith the men of old had testimony born to them. By faith, we understand ... the Word of God, and thus things visible were made out of things invisible* (Hebrews 11:1).



Everything in Christianity finally depends on our faith in God. The mind, enlightened by the light of the Living God, knows what is God's will at every moment of life – the deeper the faith, the deeper the hope; the stronger the faith, the more selfless the love.

Meaning, that the most important miracle we need are not physical or moral miracles but enlightenment of mind by the Incarnate Truth present in us ... with us in the Holy Eucharist.

For most people, prayer before the Blessed Sacrament is mainly a prayer of adoration ... of the Living God who became man to dwell among us – literally, physically, geographically in the most Holy Eucharist in every tabernacle of every Catholic Church in the world.

But, our Eucharistic prayer is not only a prayer of adoration, but also that of St. Thomas the Apostle addressing our Savior: *My Lord and my God!* Christ is with us so that we might come to Him, and obtain from Him, the illumination of mind which we so constantly and desperately need ... that we may understand His revealed Truth and to know how to share this with others.

Why? Because, the human will is a blind faculty. Our wills must be enlightened by the mind and the mind must be enlightened by the mind of the Living God who became man.

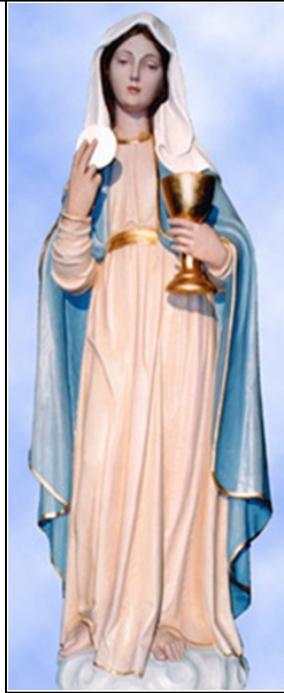
(To be continued in August 2012)

## Allow Mary to Lead Us to the Eucharist: Our Lady and the Eucharist

By Gerald Francis

A decline in Marian devotions accompanies a decline in Eucharistic devotions. The Protestant revolt which divided Christendom in Europe disregards belief in the Real Presence of Jesus in the Eucharist and abolished the Holy Sacrifice of the Mass as the central act of Christian worship, with Mary becoming an unnecessary accessory in God's plan of redemption.

But, the truth is that Mary leads us to her Divine Son. Neglect her and the easiest, fastest, quickest and surest way to be conformed to her Divine Son is cancelled out. Ignore the Woman of Faith and our faith in the Real Presence will fail as among our Protestant brothers and Catholics who disbelieve God's presence in the Eucharist by showing our Lord ill-respect and irreverence.



The inseparable bond that exists between Mary and the Eucharist is brought out in and through the Church, the lives of the Saints and the Marian shrines.

**The Church.** Pope Paul VI declared Mary the Mother of the Church at the 2nd Vatican Council and exhorted Catholics to pray her Rosary. His encyclical on the Holy Eucharist – *Mysterium Fidei* – includes a beautiful tribute to Mary expressing the unbroken link existing between her and Christ physically present in the Eucharist: *May the Most Blessed Virgin Mary from whom Christ Our Lord took his flesh, and may all the saints with an ardent devotion to the Divine Eucharist, intercede before the Father of mercies so that from faith in, and devotion toward, the Eucharist may result and flourish a perfect unity of communion among all Christians.*

One would be hard pressed to find a single Pope who would, at the same time, be dedicated to our Lady and have little or no devotion to the Eucharist and vice versa. Mary and the Eucharist are intricately linked in the mind of the highest authority of the Catholic Church, the Papacy.

In the prayer life of the Church, this close connection is given emphasis in the Litany of Loreto: our Lady is called the Ark of the Covenant where God, in the Second Person of the Blessed Trinity, took up his abode in Mary's womb for nine months. She was thus the first tabernacle of our Lord.

**The Saints.** These heroic men and women, who lived the Christ-life to the fullest and were perfectly attuned to the action of the Holy Spirit, were without exception devoted to the Eucharist and the Blessed Mother.

**St. Peter Julian Eymard** is dedicated to Mary, the Immaculate Conception, and outstandingly devoted to the Eucharist. Towards his life's end, he asked his spiritual sons and daughters to address and venerate Mary under the title of Our Lady of the Blessed Sacrament thus establishing the intricate link of Mary with Jesus in the Holy Eucharist. She who first conceived Jesus by faith in her heart gave Him the immaculate dwelling place where His humanity developed. See 2nd column

Today, Mary nurtures our faith so that we may grow in love and devotion to that mystery of our faith, the Eucharist. Commenting on this role of Mary in our personal sanctification, St. Peter said: The more you allow Mary to work in you through your Eucharistic Communion, the more will Christ be glorified.

**St. John Bosco** had a dream in 1862: A prophetic naval battle symbolizing the conflict the Church wages with the forces of evil. Buffeted on all sides by enemy ships, two immense stone columns rose from the sea, to which the ship of Peter – the Church – anchored itself safely. Atop a column was the statue of Mary, with the inscription *Help of Christians*; at the other column was a large host with the inscription *Salvation of Believers*. The enemy ships were all destroyed or lost. At the base of one of these columns were the numerals 19 and two dashes, indicating that the victory of the forces of Christ would be realized sometime in the 20th Century through devotion to Mary Immaculate and our Lord, Jesus Christ, Who is really and truly present in the Eucharist.

**Blessed Mother Teresa of Calcutta.** Sans canonization, many already consider her a Saint. As she tends to the poorest of the poor of the world, the heart of her message is centered on the Eucharist and our Lady. In joyful imitation of the Mother of God, praying the Rosary while combing the streets of Calcutta for the homeless and the unwanted, the lepers and the dying, to take them into their home. After their daily chores, they warm up for one hour, adoring Eucharistic Jesus exposed on the altar. Blessed Mother Teresa said Mary protects her sisters from any harm whatsoever, in some of the world's most dangerous neighborhoods.

Blessed Mother Teresa and her sisters dedicate themselves to great sacrifice: *Today, after 800 years, there is ... Mass and Holy Communion in Yemen ... a tabernacle in an area surrounded by Moslems who previously had not a sign ... of Christianity ... of God living amongst them. We accepted the request of the Yemeni Prime Minister provided a priest is allowed to celebrate the Holy Sacrifice of the Mass and partake of Holy Communion. We work there with joy with that continual force coming from Jesus in the Blessed Sacrament. We believe and see Jesus in the appearance of bread on the altar. We see Him in the distressing disguise of the poor. Therefore, these two loves – for work and the poor – are but one in Jesus.*

**Marian Shrines are Eucharistic Shrines.** The inseparable link between our Mary and Eucharistic Jesus is very apparent in Marian shrines. In her first modern-day apparition at Rue du Bac in Paris in 1830, Mary told St. Catherine Laboure to come and bring pilgrims to the foot of the altar where great graces would be bestowed on all who ask her Divine Son — asking that a church be built at Lourdes, wishing that the Eucharistic Sacrifice be celebrated there and His Real Presence established in the tabernacle. Mary leads all to Jesus.

At Fatima and Lourdes, large Eucharist processions are carried out, with a bishop as a rule blessing the sick. Thereon, tremendous physical and spiritual miraculous cures are bestowed. Mary Tessier is one such cure – desperately ill with tuberculosis peritonitis; confined to bed for three years in constant pain and hemorrhaging. Doctors gave up on her. Her cure is accepted by the Medical Bureau in Lourdes.

### Meditation + Challenge

[From Verbum Domini] Matthew 20:20-28, on the Request of the Mother of James and John: Among the Jews, at banquets and other formal gatherings, the most important person is seated at the center; the second at his right and the third at his left. James and John seek second and third places, like pagans fighting over positions to attain worldly ambitions of which the mother and her sons are guilty.

But, the other disciples are equally guilty because they become indignant ... angry for having been by-passed. Like us, every one of the disciples thinks he is qualified to be number two. Jesus corrects their mistaken idea of greatness which lies in their ability to suffer through Him, with Him, in Him and for Him ... to accept and carry His Cross ... to the point of dying for the flock.

Greatness is giving one's life as ransom for many. As one gifted with power and authority to lead the Adoracion Nocturna Filipina (ANF): Are you properly using this authority vested on you – to serve the ANF as Jesus expects you to? Or, are you mis-using and ab-using this authority? Or, preferring not to use this authority, burying it in the sand?

### Prayer Request

Please pray for the eternal repose of the souls of our National Council Officers who passed away on the dates cited: Bros. **Edgardo R. Hernandez** and **Crisostomo M. Cruz**, Executive Vice-President and Auditor, 16 July 2012 and 18 July 2012, respectively.

And, pray for the recovery of body, mind and spirit of National Council Promoter, Bro. Lazaro L. Katigbak, who is confined at the Chinese General Hospital for a liver condition.

### Rumored to be Law

New York City finds it unlawful to open or close an umbrella in front of a horse.

In Ration, New Mexico, USA, it is illegal for a woman wearing a kimono to ride horseback down a public street.



Most Rev. Broderick S. Pabillo, D.D., Auxiliary Bishop of the Archdiocese of Manila with ANF National Council Officers, from the left: Bros. Pedro E. Bugay, Edgardo R. Hernandez (who passed away 16 July 2012), Demetrio R. Opinion, Carlos L. Landagan, Manuel I. Granados, Patrocinio E. Alcorcon, Rodrigo B. Fermin and Corazon Granados.



The joy of being with Eucharistic Jesus is evident on Most Rev. Gilbert A. Garcera, D.D., Bishop of Daet, after celebrating the Holy Sacrifice of the Mass on Pope's Day.



Incoming Director-ANF Archdiocesan Council of Caceres, Rev. Fr. Jorge Tirao – Parish Priest of Holy Cross Parish, Manguiring, Calabanga, Camarines Sur – with National Council Officers: Bros. Pedro E. Bugay, Patrocinio E. Alcorcon and Demetrio R. Opinion. Installation of Council Officers is scheduled for mid-August 2012 to be presided by Most Rev. Leonardo Z. Legaspi, OP, DD, STD, MA, Archbishop of Caceres.

## Photographs Courtesy of Bro. Rodrigo B. Fermin, Assistant National Council Organizer.



The announcement says: National Council visits the Archdiocesan Council of San Fernando as it holds its Convention on 16 July 2012 at the Heroes Hall of the City of San Fernando, Pampanga.



Here is Jesus disguised in our smiling Honorarias with ever-active Bro. Hilario C. Salvador. Second from left: Sis Paz G. Lascano and, at center, Sis. Prescilla B. Dizon.



This is Jesus disguised as our poor Brother-Adorers of the National Council (NC) and the Archdiocesan Council of San Fernando, Pampanga (ADC). From left: Hilario C. Salvador (ADC-ADviser), Antonio C. Lozano, Antonio G. Cayanan (ADC-VP), Abelardo C. Saylo (ADC-President), Patrocinio E. Alcorcon (NC-Organizer), Manuel I. Granados (NC-President) and Jesus S. Suing (ADC-Treasurer).



Called by Jesus to become missionary-Adorers to train other Adorers, they came all the way from Antipolo, Cavite, Cubao, Kalookan, Las Pinas, Lipa, Lucena, Makati, Mandaluyong, Manila, Paranaque and San Pablo. They learned the value of prayerfulness, gratefulness, silence and a listening heart; a systems approach to achieving mission; leadership founded on vision; and compassion, humility and perseverance. The Trainers' Training Seminar was held at the St. Scholastica House of Prayer in Tagaytay City on 29-30 June 2012 and 01 July 2012. National Organizer, Bro. Patrocinio E. Alcorcon, shows off his red T-shirt.

## Tips for Missionary-Adorers

**Matthew 10:1-12**, on the Twelve Apostles and the First Mission: *Mission* means *sending*. The Father is the One who sends messengers to the world to gather those who believe in His love and His promises.

The Father sends messengers of His Word **but** He also sends His Spirit before them to move the mind and the heart of their would-be listeners. Through the Spirit, they recognize the Word of God in the poor speeches of these uneducated messengers.

The Father sends His Son to Earth; in turn, the Son sends His apostles. The Father entrusts to Jesus the realization of His plan; the Church takes upon herself the continuation of the work initiated by Jesus. To reject the messengers is to ignore the call of the Father and to lose the greatest opportunity of one's life.

<< **Feedback** >> From Bro. Jesus S. Suing, Treasurer of the Regional Council of Central Luzon (as told to Bro. Duffy): *I discovered that our brother/sister Adorers are more fascinated reading The Real Presence when it is printed in full color. Hence, I have done that myself, printing all the monthly issues in full color and posting it on the ANF Bulletin Board. Also, I have gone to all the parishes under my jurisdiction (Section 48 Angeles City in Pampanga) and have distributed our newsletter for the benefit of our brother and sister Adorers – through, with, in, and for Christ.*



This is Jesus in repose, smiling or quite serious, posing for a photograph after a grueling 3-day TRAINORS' TRAINING SEMINAR with Father National Director who is seated in the center along with National Council officers. We recognize some participants. **Standing, second row:** second from the left, Bro. Mario D. Dalangin (President, Section 134 Paranaque); wearing a red T-shirt, Bro. Leonardo S. Platon (Secretary, Archdiocesan Council of Lipa); and, extreme right, Bro. Wilfredo C. Quinto (Master of Ceremonies, Regional Council of Southern Tagalog).



Carol Zaleski earned her B.A. from Wesleyan University; her M.A. and Ph.D. in the study of religion from Harvard University. She teaches philosophy of religion, world religions and Christian thought at Smith College, since 1989.

She is author of world-acclaimed *Book of Heaven* and Encyclopaedia Britannica articles on *Heaven*, *Hell* and *Purgatory*, among others. In 2003, she explored spiritual trials on *The Dark Night of Mother Teresa*. In *How My Mind Has Changed*, she chronicles her intellectual journey into Catholicism. In 2003, 2005 and 2008, she was awarded the Associated Press Award for Excellence in Theological Reflection.

### Tips for Missionary-Adorers

Shared by Bro. Edilberto M. Cuenca, Section 28 Makati

**Matthew 10:16**, on Mission: Jesus said *I send you out as sheep in the midst of wolves; so be wise as serpents and innocent as doves*. Jesus does not promise His disciples a life of comfort and safety. He does not want cry-babies who run away and desert Him at the first hurt ... the first argument ... the first scuffle ... the first clash of ideas and personal differences. What He needs are disciplined Christian soldiers who endure hatred and ridicule in defending His Name and His values of life and truth.

If we seek the easy, painless and effortless path ... that is the path to perdition. The *secret* is to fall in love with Jesus in the Bible, in the Eucharist, and in growing with other disciples in a faith community where we learn from each other's successes and failures, and profit from the 2000-year old wisdom of the Church. In this way, we learn to be wise and wary of the ways of the serpent while living the innocence of Jesus.

Photographs Courtesy of Bro. Rodrigo B. Fermin, Assistant National Organizer.



*This is Jesus, the Lamb of God, Who takes away the Sin of the world. Happy are we who are called to His banquet* — ANF National Director, Rev. Fr. Manuel M. Flores, SJ, leading us to our Lord, Jesus Christ, Who makes us worthy to come into His Presence and serve Him through our fellow-Adorers and the rest of humanity.

<< **Feedback** >> From Bro. **Fernando C. Calabria Sr**, Jefe de Turno 70, Basey, Western Samar: Thank you for sending us monthly, copies of *The Real Presence*. We promise to share the newsletter and its contents with our brother/sister-Adorers in our Parish and other Parishes in the Diocese of Catbalogan.

<< **Feedback** >> From Bro. **Rodolfo M. Amistad**, President of the Archdiocesan Council of Tuguegarao: Thank you, for sending us on a monthly basis, copies of *The Real Presence*.



National Treasurer, Bro. Carlos L. Landagan, stresses a point at the ANF Basic Education Seminar conducted on 08 June 2012, on behalf of the officers and members of the ANF Diocesan Council of Balanga led by its Director, Rev. Father Edilberto S. Pomer — Parish Priest of Immaculate Conception at Puerto Rivas, Balanga, Bataan — its President, Bro. Anselmo G. Ortiguerra and well supported by its Council officers.



Tobit 12:15-18 – *I am Raphael, one of the Lord's seven holy angels who present the prayers of holy people and who stand before the glory of God.* St. Raphael the Archangel is mentioned in the Bible as the angel who heals Tobias of his blindness. The root of the name *Raphael* appears in modern Hebrew as the word *Rophe* meaning *doctor of medicine*, thus echoing the healing function traditionally attributed to this angel. *Raphael* is standard Hebrew for: *It is God who heals* or *God Heals* or *God, Please Heal!*

**Note (From Bro. Duffy):** Let me share a story of two boys, one who is personally known to me and the other made known to me through a book co-authored by father-son, Kevin and William Alex Malarkey, entitled *The Boy (Alex) Who Came Back from Heaven* which was published in 2011.

The **first** boy was born in August 2011 named Gabriel Lomuntad Balilo named after the Archangel. We call him Paeng, after Archangel Rafael who helped heal him.

Gabriel, a.k.a. Paeng, is my grandson, born with life-threatening hepatitis. Initially, his parents were told to expose him to the sun but that did not suffice. He rejected his mother's breast milk.

Paeng was confined to the hospital for some months. Doctors found blood transfusion necessary. The hospital called for donors because its blood bank failed tests for compatibility.

As a voluntary blood donor for years, I responded to the call and was accepted. Behind the scenes, Archangel Raphael and prayers of Adorers were part of the healing equation. Thank God!

The **second** boy is William Alex Malarkey, 6 years old at the time of the vehicular accident which happened in Huntsville, Ohio, USA on Sunday morning, 14 November 2004. His father, Kevin, was driving an old Honda Civic and talking to his wife on his mobile phone when he crossed an intersection and was broadsided by another car coming in from the right.

Alex had been buckled down and strapped on the back seat behind his father. Chris Leasure, who lived near the intersection, got to Alex first: *I kept talking to Alex, telling him to hang on. Then, I saw him take his last breath, his body shuddered and relax. I believe Alex died.*

The paramedic noted that Alex eyes were fixed (not responding to light), not breathing on his own and difficult to feel his pulse. Alex was flown by helicopter MedFlight to Children's Hospital.

Alex suffered internal decapitation. His skull was detached from his spinal column. Only skin, muscle and ligaments were holding his head on his body. The vertebrae was detached from his head.

Doctor said that, given the severity of the injury, if Alex survives, Normal brain function is not expected. He will not breath on his own, not move on his own and preclude him from swallowing food. A gastronomy tube has to be attached to his stomach for his nutrition. He will never be able to speak.

Doctors considered attaching a *halo* brace to his head. This brace is a metal ring, secured to the skull with pins to keep the head and neck immobile to aid the healing at the area of greatest injury.

By the end of December 2004, the doctors concluded the vertebrae had healed well *without* intervention — medical or surgical.

See next column for continuation >>>

On 08 January 2005, William Alex Malarkey came out of coma to a great surprise. Alex went home on 14 February 2005. Wow! That's just the beginning. Read on .... his-story.



First fully-functioning Quadriplegic in history, Patrick Rummerfield, Eric Westacott of Eric Westacott Foundation and William Alex Malarkey pose for the camera in August 2009.

Daddy did not see the car coming. I did. For a second, before all the action began, there was a moment of calmness. Then, I heard the sound of glass shattering. I saw Daddy fly out of the car. I thought he was going to die. Then, I saw something unbelievably cool. Five angels were carrying him outside the car. Four were carrying his body; one was supporting his neck and head. The angels were big and muscular, like wrestlers; they had wings on their backs from waist to shoulder.

I looked to the front passenger seat and the devil was looking into my eyes, saying: *Yeah, that's right, your daddy is dead and it is your fault!* I went to Heaven shortly but I am not sure of the exact moment I actually left my body. I do know that when I was in Heaven, everything was perfect.

In my body, I felt a bad pain in the back of my head, like a knife stabbing it. Then I realized that my head was hanging down to one side and I could not lift it back up. I tried to call to call out but I could not hear the sound of my voice. The backseat was torn up by glass shards which also were on my fingers, on my hands, armpit, hair, eyebrow and my private place. I knew I was bleeding in my throat, nose, eyes and stomach, too, from the seatbelt.

I went through a bright, long, white tunnel. I got to Heaven and there was powerful music and I loved it. The same five angels who had carried Daddy out of the car were there. They comforted me and stayed with me so that Daddy could be alone with God.

Daddy was in Heaven too. God was healing Him of his bad injuries like mine. Daddy asked to trade places with me but God said *NO!* God said He would heal me later on earth to bring glory to His name — that's what God told me later.

After God said *NO!* to Daddy, Daddy's spirit returned to his body next to our smashed car. I could see Daddy from Heaven lying in the ditch next to our car.

From Kevin Malarkey, the Daddy: *I have no memory of being in Heaven but Alex is emphatic that this is what happened.*

(To be continued August 2012)

## On Prayer and Silence

(In the Heart of the World. Mother Teresa. 1997)

Mother Teresa proposes that we learn to practice true inner silence by the method which she knows and which she so generously shares with us. How? **Practice** –

**Silence of the eyes** – Seek always the beauty and goodness of God everywhere; and close your eyes to the faults of others and to all that is sinful and disturbing to the soul;

**Silence of the ears** – Listen always to the voice of God and to the cry of the poor and the needy; close your ears to all other voices that come from fallen angels and human nature such as gossip, tale-bearing and uncharitable words;

**Silence of the tongue** – Praise God and speak the life-giving Word of God who is the Truth that enlightens and inspires, brings peace, hope and joy; and, refrain from self-defense and words that cause darkness, turmoil, pain and death;

**Silence of the mind** – Open it to the Truth and Knowledge of God in prayer and contemplation, as Mary pondered the Lord's marvels Lord in her heart; and, close your mind to all untruths, destructive thoughts, rash judgment, false suspicions of others, revengeful thoughts and desires;

**Silence of the heart** – Love God with your heart, soul, and strength and one another as God loves us and avoiding all selfishness, hatred, envy, jealousy and greed; **and**

Keep silence of the heart with greater care to hear His words of comfort for then God speaks to us; from the fullness of our heart, we comfort Jesus disguised as the distressed poor.

In silence, your inner self is freed of the busy-ness of the mind ... attentive to what God wants you to do for Him ... not what you want Him to do for you. **More in August 2012**

## On Brotherhood



**Note:** Thomas Merton's autobiography, *The Seven Storey Mountain* (1948), is the story of a man who asked a lot of questions of life ... the answers to which he received ... in the brotherhood of Jesus. He purchased a Bible and searched for a church to attend ... the Zion Episcopal Church ... Quaker meetings ... and found it in the Catholic Church ...

Into which he was baptized and received the Holy Eucharist on 16 November 1938 at age 23. Merton propelled scores of war veterans, students, and teen-agers to flock to monasteries across the US. A proponent of interfaith understanding, he pioneered dialogue with prominent Asian spiritual figures as the Tibetan Dalai Lama, Japanese writer D.T. Suzuki, and Vietnamese monk Thich Nhat Hanh. **[His-tory unfolds in August 2012]**



**Adorer Profile:** Alfredo M. Lomuntad. Born 29 July 1929 Tuguegarao, Cagayan. Died 01 November 1992. Father, Eustaquio (Oras, Samar); mother, Amparo (Pamplona, Cagayan). Eldest 7 boys and 4 girls.

Pursuit of an engineering scholarship at University of Iowa derailed due World War II. Survived the Death March. Discharged from Capas September 1942, close to death; body ravaged by dysentery, tuberculosis and malaria. Attributes to God his survival of the horrors of war.

Graduated 1950, UP-Diliman B.S. Mechanical Engineering. Member UP Wrestling Team. Married Leonarda Abad Groyon of Iba, Zambales and Juban, Sorsogon. Worked for 30 years with Procter & Gamble.

A founder of Turno 1245 and Tarcisian Turno 172. Adorer and Lay Minister, Worship Ministry Coordinator and Chapel Pastoral Council Chair. At the instance of his Parish Priest, now ANF National Director, Rev. Fr. Manuel M. Flores, SJ, he was posthumously cited by the Diocese of Antipolo for exemplary service to the community.



## On Apostolic Works of Mercy

(From: In The Heart of the World by Mother Teresa, 1997)

Our works of mercy are works of love and for peace. Let us do them with greater love and efficiency. It is always Jesus Christ who says: *I was hungry* — not only for food but for peace that comes from a pure heart; *I was thirsty* — not only for water but for peace that satiates the passionate thirst of a passion for war; *I was naked* — not only for clothes but for the beautiful dignity of men and women for their bodies; >>>

*I was homeless* — not only for shelter made of bricks but for a heart that understands ... that cares ... that loves.

Each of us is merely a small instrument; all of us, after accomplishing our mission, will disappear. In loving one another through our works, we bring an increase of grace and a growth in divine love.

After a day of joyfully carrying out works of mercy with those in need, have an hour of prayer and of Eucharistic adoration — the time we spend with Eucharistic Jesus is always the most precious part of our whole day. **(To be continued in August 2012)**

**Note** (from Bro. Duffy): **PBA** – Prayerfulness, sense of **B**rotherhood and active involvement in **A**postolic Works of Mercy are here discussed separately and distinctly. But, these three traits of an Adorer, emphatically portrayed by our National Director, are inter-related and inter-woven.



His Excellency  
Most Rev. Precioso D. Cantillas, SDB, D.D.  
Bishop of Maasin  
Born 03 July 1953 at Naga, Cebu.  
Sacerdotal Ordination: 07 December 1979.  
Episcopal Ordination: 12 July 1995.



His Excellency  
Most Rev. Julito B. Cortes, D.D.  
Auxiliary Bishop of Cebu  
Born 04 July 1956 at Parañaque City.  
Sacerdotal Ordination: 24 October 1980.  
Episcopal Ordination: 08 January 2002.



His Excellency  
Most Rev. Isabelo C. Abarquez, D.D.  
Bishop of Calbayog  
Born 08 July 1956 at Tubod-Bitoon, Dumanjug, Cebu.  
Sacerdotal Ordination: 23 June 1987.  
Episcopal Ordination: 18 February 2003.

### Episcopal Ordination Anniversaries in August 2012:

Archbishops **Antonio J. Ledesma** of Cagayan de Oro; **Romulo G. Valles** of Davao; **Angel N. Lagdameo** of Jaro; and **Socrates B. Villegas** of Lingayen-Dagupan;  
Bishops **Sofronio A. Bancud** of Cabanatuan; **Florentino G. Lavarias** of Iba; **Emmanuel T. Cabajar** of Pagadian; **Jose R. Manguiran** of Dipolog; **Joseph A. Nacua** of Ilagan; **Julius S. Tonel** of Ipil; **Arturo M. Bastes** of Sorsogon; **Jose S. Bantolo** of Masbate; and **Deogracias S. Iniguez Jr.** of Kalookan;  
Auxiliary Bishops **Gerardo A. Alminaza** of Jaro; and **Broderick S. Pabillo** of Manila;  
Archbishop Emeritus **Diosdado A. Talamayan** of Tuguegarao; Bishops Emeriti **Salvador C. Quizon** of Lipa; **Jose C. Sorra** of Legazpi; **Protacio G. Gungon**; and **Nicolas M. Mondejar** of San Carlos.

**Adorers:** As thanksgiving to Jesus and Mary, kindly offer up Eucharistic Vigils for our Bishops/Directors/Chaplains/Parish Priests on the occasion of the respective Episcopal/Sacerdotal Ordination Anniversary; and the Foundation Anniversary of your respective Turno/Section/Council.

#### Councils – Sections – Turnos – Tarcisian Turnos

**75<sup>th</sup> Year:** Turno 119 Malasiqui, Pangasinan.

**50<sup>th</sup> Year:** Turno 819 Sto. Nino, Makilala, Cotabato and Turno 820 Balungao, Pangasinan.

**25<sup>th</sup> Year:** Turno 1374 Camp Nakar, Lucena and Turno 1375 GSIS Holiday Hills, San Isidro, Laguna.



His Excellency  
**MOST REV. MARLO M. PERALTA, D.D.**  
Bishop of Alaminos  
Born 13 July 1950 at San Carlos, Pangasinan.  
Sacerdotal Ordination: 31 March 1975.  
Episcopal Ordination: 31 March 2006.



His Excellency  
Most Rev. Rolando O. J. Tria-Tirona, OCD, D.D.  
Bishop of the Prelature of Infanta  
Born 22 July 1946 at Sampaloc, Manila.  
Sacerdotal Ordination: 21 April 1974 – Rome.  
Episcopal Ordination: 29 December 1994 – Manila



Bronze statue of Emperor Constantine in York, England, near the spot where he was proclaimed Augustus Caesar in 306.

### Constantinople

[Condensed from First Crusader  
by Geoffrey Regan, 2006]

Ironically, Roman Catholics dominated maritime trade and the financial sector in Constantinople. In May 1182, due to a combination of envy and greed, disputes and differences, Roman Catholics were massacred by Eastern Orthodox Christians, further worsening an increasing enmity between the Western and Eastern Christian churches. About 50,000 Catholics were killed; 6,000 forced to flee; and 4,000 sold as slaves to Turks. Vengeance came 20 years later.

The eventual fall of Constantinople, 250 years later, were initiated by Christian Knights from Western Europe, in the Fourth Crusade. Called by Pope innocent III, it was originally intended to conquer Muslim-controlled Jerusalem with a direct attack on its center at Cairo and expel the Saracens from Europe, Africa and Asia.

On April 1204, instead of attacking Cairo, the Crusaders of Western Europe invaded and sacked the Eastern Orthodox city of Constantinople. The Crusaders inflicted a horrible and savage sacking for three days, murdering and raping, looting and plundering; ancient and medieval Roman and Greek works of art were stolen or destroyed. The Library of Constantinople was destroyed.

The Crusaders ruthlessly and systematically violated the city's churches and monasteries, destroying, defiling, or stealing all they could lay their hands on; nothing was spared. The Latin soldiery subjected the wealthiest city in Europe to an indescribable sack; the Greeks were convinced that the Turks would not have been as cruel as the Latin Christians.

Constantinople – now devastated by a black plague that claimed half its inhabitants and besieged by barbarians on many sides, as Rome was – was in a state of decline, politically, economically and socially. Its population and army were decimated by the Fourth Crusaders, becoming easy prey to the Ottoman Turks, resulting, in victory for Islam – the exact opposite of its original intention.

The fall came to the city, now ruled by Constantine XI, on 29 May 1453 when its walls were overrun by Ottoman Turks led by Sultan Mehmed II. Istanbul, Greek for *to the City*, became the city's official name in 1930 under Mustafa Kemal Atatürk, the first President and founder of Turkey. With the conquest of the last Greek states in 1461, Russia remained the only Eastern Orthodox Christian realm in the world.

The capture of Constantinople ended the Roman Empire. The Ottoman Turks thereafter were free to advance into Europe without an adversary to their rear. Pope Nicholas V immediately called for a counter-attack ... a crusade. No European monarch rose to lead the crusade; the Pope himself decided to go, but his early death stopped this plan.

[To be continued in August 2012]

**Psalm 105, on Sacred History:** Recalling the past is prayer – when we strive to see the work of God in the confluence, convergence and coalescence of people and of events in our lives, community, society and the world at large, and to give thanks to God for His works.